Kinesiology 11		
Body Planes and	Direction	Worksheet

esiology 11 dy Planes and Direction Worksheet	Name:
1. Describe how a body would be divided by each of the a. Frontal/Coronal:  ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) (	following planes:
b. Midsagittal: = median equal	LIR halves
c. Sagittal:	
1 parallel to med d. Transverse:	ian, L/R patts
TOUR TOURS / H	
2. Identify the correct directional term to complete the fo	
a. The liver is <u>WW/SVPCNOC</u> to the di	aphragm
b. Fingers are located	to the wrist bones
c. The skin on the dorsal surface of your body is a	said to be located on your
d. The great (big) toe is to th	e little toe
e. The skin on your leg is <u>Swerficial</u> to the	muscle tissue in your leg
f. When you float face down in a pool (oh no!), yo	Commence of the Commence of th

g. The lungs and the heart are located  $\frac{\sum \sqrt{\sum_{i=1}^{n} \sum_{i=1}^{n} \sum_{j=1}^{n} \sum_{j=1}$ 



surface